

THE BECOMING

with Immanuelson Sam

WHO ARE YOU BECOMING?

Don't just live. Become.



Welcome to The Becoming.

Tonight isn't simply about listening to another motivational talk.

It's about stopping for a moment and asking yourself a question you don't often ask deeply enough.



*The question we rarely ask
deeply enough*

THE QUESTION

WHO ARE YOU
BECOMING?

You are always becoming.

You are never completely standing still. Every day, you are becoming something.



Habits



Decisions



Relationships



Environment



Thoughts



Priorities



Responses to difficulty

*...are shaping
you.*

The question isn't whether you're becoming.

The question is whether you're becoming intentionally.

Your future is being built today.

It doesn't suddenly arrive. It's constructed quietly, through ordinary decisions.

One choice.

One habit.

One conversation.

One day.

*Repeated.
And repeated.
And repeated.*

Eventually, those
repetitions become
your life.

Five things shaping you

Your life is being shaped by what you repeatedly choose.



01

WHAT YOU REPEATEDLY

DO

Your habits shape
your character.



02

WHAT YOU REPEATEDLY

THINK

Your thoughts
influence your
beliefs.



03

WHO YOU REPEATEDLY

**SPEND TIME
WITH**

Your environment
influences your
standards.



04

WHAT YOU REPEATEDLY

TOLERATE

What you tolerate
can become what
you normalize.



05

WHAT YOU REPEATEDLY

CHOOSE

Your choices
determine your
direction.

A DIFFICULT TRUTH

You may want a different life **while continuing to practice the behaviors** that produce your current one.

Wanting change is not the same as creating change.

Wanting change is not creating change.

YOU CAN WANT...

Discipline

Confidence

Success

Meaningful relationships

Growth

while

while

while

while

while

... WHILE PRACTICING

Inconsistency

Constantly avoiding discomfort

Refusing responsibility

Avoiding difficult conversations

Protecting yourself from every challenge

Your desires don't automatically change your direction. **Your choices do.**

Who is making your choices?

Am I choosing my life — or simply reacting to it?

LIVING ACCORDING TO YOUR...

- ✓ **Values**
- ✓ **Purpose**
- ✓ **Convictions**

...OR BEING DRIVEN BY

- ✗ Fear
- ✗ People's opinions
- ✗ Pressure
- ✗ Convenience
- ✗ Comparison
- ✗ Comfort

Intentional living begins when you start taking ownership.

Comfort can become a trap.

Comfort isn't necessarily bad. But...

Comfort without growth can become stagnation.

ASK YOURSELF

What am I holding onto simply because it is familiar?



Sometimes the thing keeping you from your next level isn't failure.

It's that your current life is comfortable enough to keep you from changing.

STOP ASKING ONLY

INSTEAD, ASK

~~WHAT DO I WANT?~~



**WHO MUST I
BECOME?**

Who must you become?



If you want to

lead

Who must you become?



If you want to

build something meaningful

Who must you become?



If you want to

have healthier relationships

Who must you become?



If you want to

make an impact

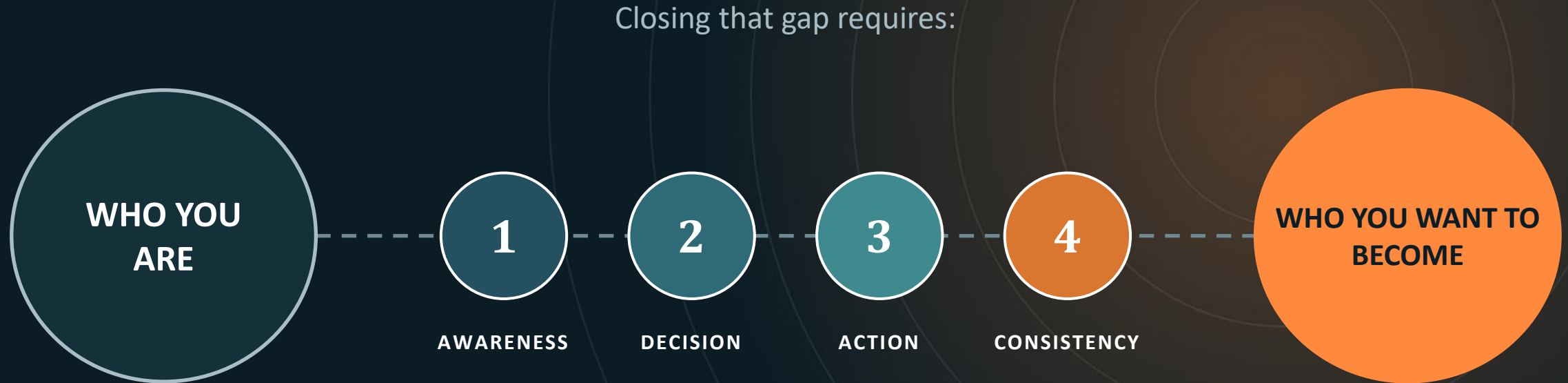
Who must you become?

The goal isn't simply to obtain a different life.

The goal is to become the person capable of living that life.

The Gap

Growth happens in that gap.



Awareness

You cannot change what you refuse to see.

ASK YOURSELF HONESTLY

- What isn't working in my life?
- What pattern keeps repeating?
- What am I avoiding?
- Where am I making excuses?
- What do I know I need to change?



Don't judge yourself.

**Get honest with
yourself.**

Decision

At some point, awareness has to become a decision.

**“Something has to change—and
I’m willing to be part of that
change.”**

NOT

“Hopefully things get better.”

BUT

**“I will do something
differently.”**

Action

You don't become through intention alone. You become through action.

DON'T ASK

"What's the biggest thing I can change?"

ASK

"What's the next right thing I can do?"

Send the message.

Make the call.

Start the project.

Read the book.

Apologize.

Set the boundary.

Apply.

Practice.

Begin.

Consistency

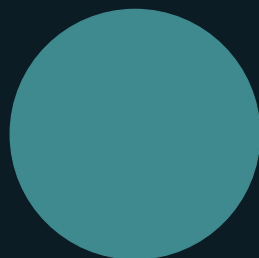
One good decision doesn't transform your life. But one good decision repeated can.



Today



Tomorrow



The next day



And the next...

**Small actions
compound.**

You don't need to completely reinvent yourself tomorrow. You need to become slightly more intentional today.

Becoming is a process.

Reflection



2-3

MINUTES OF SILENCE

- 1** Who am I becoming?
- 2** What is shaping me?
- 3** What must I stop?
- 4** What must I start?
- 5** What must I become more intentional about?



THE BECOMING QUESTION

If your current habits, choices and priorities continued for the next five years, **would you be proud of the person you become? Why?**

Don't give the answer you think sounds good. Give yourself the answer that's true.

1



THE BECOMING CHALLENGE

Identify **ONE** habit, choice, or pattern that is taking you away from the person you want to become.

Then: CHANGE ONE THING.

Not ten. Not twenty. One.

Make the change this week.

Accountability

Before the next gathering, everyone should be able to answer:



What did I realize?



What did I change?



What happened?

SHARE IN THE COMMUNITY

“This week, I am becoming more ____.”

More disciplined

More courageous

More intentional

More patient

More consistent

More responsible

YOU ARE BECOMING.

The question is:

*Are you becoming
intentionally?*



Your habits



Your choices



Your relationships



Your environment



Your response to life

...are shaping you.

SO DON'T SIMPLY ASK

~~What do I want my life to look like?~~

ASK

**WHO DO I NEED
TO BECOME?**

SAY IT OUT LOUD

My Becoming Declaration

- I am **always** becoming.
- I choose to become **on purpose**.
- I will get **honest, decide, act, and stay consistent**.
- This week, I will change **one thing**.
- I will not just live. I will **become**.

Don't leave just inspired.

Leave thinking.

Maybe you don't have everything figured out. That's okay. Neither do I. That's why we're here.

WE ARE HERE TO

Learn

Question

Grow

Challenge one another

**Take responsibility for the people
we are becoming**

Because becoming doesn't happen someday.

Becoming is happening today.

So don't just live.

BECOME.



W E L C O M E T O

THE BECOMING

with Immanuelson Sam

W H O A R E Y O U B E C O M I N G ?

Don't just live. Become.